

A PLEA FOR DELIVERANCE

Psalm 22:1 - 11

Devotional Reading: Psalm 107:23 - 32

Background Scripture: Psalm 22; Daniel 3

LESSON AIMS: the students will:

- IDENTIFY the New Testament significance of Psalm 22
- COMPARE and CONTRAST David's experiences with his trust in God
- IDENTIFY an area of personal trial and offer a prayer for God's help or rescue

INTRODUCTION: In his distress, David cried out to God. The Book of Psalms gives an array of our conversations with and about God. Most often, songs of praise, worship, and thanksgiving come to mind. God has also shown us in this Book that we are to seek Him, to talk with Him about every situation. He calls each person to a relationship with Him. In times of trouble, He should be our first point of contact. David's suffering in this passage gives a mirrored image of our suffering Savior.

KEY VERSE: *22 My God, my God, why hast thou forsaken me? why art thou so far from helping me, and from the words of my roaring?*

Psalm 22:1 / KJV

LESSON:

Petition by David

Psalm 22:1 - 5

Insult from Enemies

verses 6 - 8

Presence of God

verses 9 - 11

SUMMARY: David turned from his own pain and toward God. He re-directed his focus on the only One who could deliver him, trusting God to rescue him from what he felt was a hopeless situation. Where do you go when there is no place to go? What do you do when you have explored all options? Our faith, our trust, has to be in God. He is not far from us. He has not moved. "Wait on the Lord and be of good courage." [Psalm 27:14]

QUESTIONS:

1. *How would you respond to the claim that believers should not question God?*
2. *How should believers respond to perceived mocking and ridicule for their faith and obedience to God?*
3. *How could you use verse 11 to encourage other believers facing troubling circumstances?*

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DAY/DATE	SCRIPTURE	
<i>Mon., Oct. 7th</i>	Set Free from Bondage	Luke 13:10 - 17
<i>Tue., Oct. 8th</i>	Our God is Able to Deliver	Daniel 3:8 - 18
<i>Wed., Oct. 9th</i>	Our God is Unstoppable	Daniel 3:19 - 27
<i>Thurs., Oct. 10th</i>	Jesus, the One Who Heals	Matthew 8:5 - 17
<i>Fri., Oct. 11th</i>	Have Mercy on Me!	Mark 10:46 - 52
<i>Sat., Oct. 12th</i>	God Delivers Us from Our Distress	Psalm 107:23 - 32
<i>Sun., Oct. 13th</i>	Deliver Me, O God	Psalm 22:1 - 11, 19 - 22