

# TRUST IN GOD ALONE

## *Psalm 62*

Devotional Reading: Jeremiah 17:5 - 11

Background Scripture: Psalm 62

**LESSON AIMS:** the students will:

- LIST the many ways God is a source of strength in times of trouble
- IDENTIFY the barriers to peace found in Psalm 62
- CREATE a plan for intentional time to wait quietly on the Lord

**INTRODUCTION:**

**KEY VERSE:** *5 My soul, wait thou only upon God; for my expectation is from him.*  
*Psalm 62:5 / KJV*

**LESSON:** From the time of his anointing by the prophet Samuel and through his time on the throne, David's life was plagued with trials - - many situations - - some because of his own hand; some through no fault of his own. During these circumstances and situations, David remembered where his help, his strength, and his hope came from. He often cried out to God. At other times, he had to wait, patiently, for God to move. Waiting and trusting - - David knew to do both.

Calm Amidst Trouble

Psalm 62:1 - 4

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Calm Discovered

verses 5 - 8

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Summary: The psalmist went from expressing trust in God to an exhortation and then instruction for the people to trust in Him. When Jesus stood before Pilate and His accusers, He refused to answer some of their questions. This was no sign of disrespect. Jesus knew that His accusers were aware of their deceit. His silence was a reflection of His character. Some conversations better serve the Lord by silence. Jesus trusted God to vindicate Him. We should, as well.

Questions:

1. *How do you handle opposition from people who speak well but have evil intent?*
2. *Why was David able to express this kind of confidence in the Lord before Jesus' atoning sacrifice?*
3. *Would it be accurate to say that you pour out your heart to God? Why or why not?*

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DAY/DATE	SCRIPTURE	
<i>Mon., Oct. 21<sup>st</sup></i>	I Believe, Help My Unbelief!	Mark 9:14 – 27
<i>Tue., Oct. 22<sup>nd</sup></i>	God Is My Strength and Shield	Psalm 28
<i>Wed., Oct. 23<sup>rd</sup></i>	Trust God with All Your Heart	Proverbs 3:1 – 8, 13 – 14
<i>Thurs., Oct. 24<sup>th</sup></i>	God Lives in Us	1 John 4:4 – 13
<i>Fri., Oct. 25<sup>th</sup></i>	God Is Love	1 John 4:14 – 21
<i>Sat., Oct. 26<sup>th</sup></i>	Blessed Are Those Who Trust God	Jeremiah 17:5 – 11
<i>Sun., Oct. 27<sup>th</sup></i>	Wait upon God's Salvation	Psalm 62